

FRIENDS OF DECKERS CREEK

Friends of Deckers Creek is a 501(c) 3 non-profit watershed association located in Morgantown, WV. Founded in 1995, our mission is to improve the natural qualities of, increase the public concern for, and promote the enjoyment of the Deckers Creek watershed. Through remediation projects, trash clean-ups, community outreach, and environmental education, it is FODC's goal for the entire length of Deckers Creek to be fishable and swimmable by 2020, turning the creek from a liability into a community asset. All proceeds from the Deckers Dash 10K Run benefit the restoration of the Deckers Creek Watershed.

Outdoor Learning Park

Located behind Kroger and along the Deckers Creek Rail Trail, the Sabraton Outdoor Learning Park (OLP) is an inclusive greenspace that engages users in meaningful educational opportunities and unique passive recreational experiences.



Friends of Deckers Creek
PO Box 877, Dellslow, WV 26531
(304) 292-3970 www.deckerscreek.org

A GREENER RACE DAY

Green Earth Event Services will be recycling and helping manage the waste from the Deckers Dash to make the race more environmentally friendly. Green Earth Event Services will accept donations of old race shirts and other clothes, including old running shoes. Please bring only clean clothes. Usable clothes and shoes will be donated to be used again. Unusable clothing and shoes will be given to companies that can make them into a new product. Old trophies will also be taken and recycled.



This year's race shirts are 100% Recycled and Made in the USA. A hybrid shirt from SustainU is made of 50% recycled cotton fiber and 50% recycled polyester, fabric scraps and plastic bottles.

*Fabric scraps and plastic bottles
redefining what you wear*

SUSTAINU
CLOTHING

Second Annual Friends of Deckers Creek **Deckers Dash** **10K Run**



Saturday, October 11, 2014

**Race day registration and racer check-in
begins at 7:00 am, race starts at 8 am**

**Hazel Ruby McQuain Riverfront Park
Morgantown, WV**

**Sponsored by: Friends of
Deckers Creek**

The Deckers Dash 10K is race #10 in the
Morgantown Area Gran Prix Series

THE COURSE

The race is an out and back starting at Hazel Ruby McQuain Riverfront Park. It will follow the Deckers Creek Rail Trail and includes a short path through FODC's Outdoor Learning Park in Sabraton. The trail is asphalt, and the path is packed limestone. There will be 2 water stops along the way.



THE AWARDS

Custom awards are presented to:

- Top 3 overall male and female
- Top 3 male finishers in each age group:
19 & under, 20-29, 30-39, 40-49, 50-59, 60+
- Top 3 female finishers in each age group:
19 & under, 20-29, 30-39, 40-49, 50-59, 60+

Timing results will be posted on Active.com and iplayoutside.com



For more information contact Karl Diefenbach at (304) 291-8396 or visit the FODC website www.deckerscreek.org

Register online now at Active.com

or

Mail completed registration form along with full payment to:

Friends of Deckers Creek
Race Registration
PO Box 877
Dellslow, WV 26531

Make checks payable to:
Friends of Deckers Creek

Entry Fee: \$25 through Oct 4, 2014
\$30 thereafter & day of race

Please print legibly

Name _____

Address _____

Phone _____

Email _____

Male _____ Female _____

Date of Birth _____ Age on 10/11/14 _____

T-shirt size: XS ___ S ___ M ___ L ___ XL ___ XXL ___

T-shirt guaranteed only if registered by Oct 4

How did you hear about this event?

Release of Liability

All participants (or parent/guardian for under 18) must sign waiver:

As the participant/parent, guardian or legal representative I certify that the participant is physically able to participate in the event and that there are no physical/medical limitations that would prevent participation. I release FODC, including its Directors, employees and volunteers, as well as event sponsors and the City of Morgantown from all claims, including the institution of a lawsuit against the aforementioned groups, for injuries or losses sustained as a result of my/his/her participation in the event. I give permission for the use, without fee, of the participant's image in any broadcast, telecast, or print media account of this event for promotional and publicity purposes.

Signature _____ Date _____

Signature of Parent/Guardian, if under 18 _____ Date _____

