Uniontown Area YMCA "Y" RUN ?

10K Run, 5K Run/Walk, and 1K Fun Run (For youth 10 and under)

Saturday September 17, 2016

"Y"RUN?





FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

Race Information

<u>Time/Location:</u> The runs and walk will start and end at Hutchinson Park in Hopwood, PA beginning at 9 am. The 1K youth fun run will be held in the park with the run starting at 8:30 am.

<u>Packet Pickup:</u> Race day registration, participant sign in, and packet pickup will be held at Hutchinson Park staring at 7 am on race day Saturday September 17, 2016.

Awards/ Divisions: Awards will go to the top 3 Male/Female overall & First Place in each age group. Runners age groups: 13 and under, 14-19, 20-29; 30-39; 40-49; 50-59; 60-69; and 70 and up. Walkers age groups: 19 and under; 20-39; 40-49; 50-59; 60-69; and 70 and up. Walkers must walk.

<u>Results</u>: SERJ Racing Services from Uniontown will provide computerized results, which will be posted at the awards ceremony. Results will also be posted online at <u>www.serjracing.com</u>.

Fees: Early registration must be postmarked by August 31, 2016 for an early bird fee \$20. All the registrations post marked after August 31, 2016 will be charged \$25. There will be an additional charge of \$3 for those with shirt sizes of xxl. Registration for the 1K youth fun run will be \$10 for early registration and \$15 for registrations postmarked after August 31, 2016. Shirts cannot be quaranteed after August 31, 2016.

Post-Race: There will be a post-race party with refreshments and awards.

The proceeds from the race benefit the Uniontown Area YMCA and the YMCA's Scholarship Fund

There will also be gift baskets available to win through a raffle.

Fill this Form out COMPLETELY and SIGN WAIVER, You are not registered unless this form is signed, dated, and payment received!

Name:					Sex: (Circle One) Fen	nale		Male	е	
Address:					Date of Birth: /	/	Α	ge(d	ay of	race):
City:					Phone:					
State:		Zip:			Email:					
					Shirt Size (circle one):	S	М	L	XL (ac	XXL ld \$3.00 for XXL)
					Youth Size (circle one)	: S	М	L		
Event (Circle One)	10K Run	5K Run	5K Walk	Yo	outh 1K (Must be 10 or yo	ounge	er)			

Wavier of Liability: In consideration of my entry being accepted in the Uniontown run/walk events, I, intending to be legally bound, as shown by my signature below do hereby, for myself, my heirs, executors, and assigns, waive, release and forever discharge any and all rights and claims for damages that I may have or which may hereafter accrue to me against the Uniontown Area YMCA race committee, Uniontown Area YMCA, SERJ timing service, South Union Township, and all sponsors and volunteers.

I understand the difficulty of this event and attest by my signature below that I am in good physical condition and also attest that I understand that everyone should consult a physician prior to any physical activity.

Athlete Signature:	Date:	
Signature of Parent/ Guardian if Athlete under 18: _		

Questions: Call Bill at (724)438-2584/ email: billp@uniontownymca.org

MAIL FORM TO: Bill Poninsky, Uniontown Area YMCA, One YMCA Drive, Uniontown Pa 15401. Please make checks payable to the Uniontown Area YMCA.

