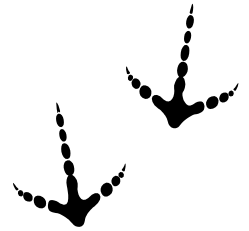


Belington Wellness Center 5th Annual Turkey Trot 2016



Saturday, November 5, 2016
Registration 7:30 a.m. – 8:45 a.m.
Start - 9:00 a.m.
Award Ceremony- 10:30 a.m.



We are asking all participants to bring one canned food item! Proceeds will be benefit local food banks.

Send check or money order to:
Belington Wellness Center
70 N. Sturmer Street
Belington, WV 26250
304-823-1800

Entry Fees: \$20.00

(No Refunds)

*ALL Entries Received by October 19, 2016 will receive a shirt!!

Check appropriate one: 5K run/walk _____ 1 Mile Fun Trot (Walk) _____

Name: _____


Address: _____

City: _____ State: _____ Zip: _____

Phone: (Home) _____ (Work) _____

Age: ____ Date of Birth ____/____/____ Male ____ Female ____

T-Shirt Size: (Circle One) S M L XL XXL

Awards: Medals will be given to the 1st, 2nd, and 3rd place winners in each category. The overall male and overall female will be awarded a frozen turkey! **AWARDS will be given to the Top 3 Best Fall-themed outfit!** 

Age Groups: 10 & under 11-19 20 - 29 30 - 39 40 - 49 50 - 59 60 & up

WAIVER: *I, the undersigned, waive and release myself, my heirs, executors, and administrators, any and all rights and claims for damages, demands, and any other actions whatsoever, which I may have against the Belington Wellness Center, all participating sponsors and supporters of those entities, successors, representatives, and assigns, arising out of my participation in this event. I consider myself adequately trained for the completion of this event. Should I suffer an injury or illness, I authorize officials of this race to use their discretion to have me medically treated and transported to a medical facility and I take full responsibility for this action.*

Signature (Parent or Guardian MUST sign if under 18)

_____/_____/_____
Date